

Transition Activity



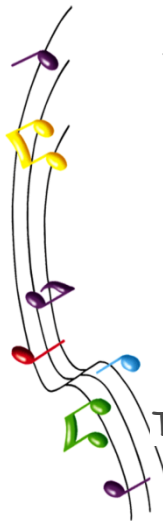
# Singing Together

Sing and dance together!



Sing this song with your child – you could look on YouTube to find the song.

Can you do the actions?



Teddy bear, teddy bear, turn around,  
Teddy bear, teddy bear, touch the ground,  
Teddy bear, teddy bear, reach up high,  
Teddy bear, teddy bear, touch the sky,  
Teddy bear, teddy bear, bend down low,  
Teddy bear, teddy bear, touch your toes,  
Teddy bear, teddy bear, go to bed,  
Teddy bear, teddy bear, rest your head,  
Teddy bear, teddy bear, turn out the lights,  
Teddy bear, teddy bear, say "good night"

Now find some pots and pans and a spoon and play a simple rhythm e.g. slow slow quick quick slow...

Now sing this song:

Can you make up your own silly verses and actions?



You could put on some music and dance together! Film yourselves dancing and singing on your phone to show us at Nursery.



If you're happy and you know it,  
Clap your hands.  
If you're happy and you know it,  
Clap your hands.

If you're happy and you know it,  
And you really want to show it,  
If you're happy and you know it,  
Clap your hands.

If you're happy and you know it,  
Stamp your feet...  
Nod your head....



## How are you helping?

This activity will help your child to ...

- Learn about rhythm
- Express themselves through movement
- Make up simple songs and rhythms